



Macomb County Community Services Agency

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Frank T. Taylor, Director

MCCSA is a "Community Action Agency" dedicated to families and individuals seeking to improve their quality of life.

Press Release

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For Immediate Release

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County Board of Commissioners honors longtime Meals-on-Wheels volunteers

Mount Clemens, Mich. — The Macomb County Board of Commissioners honored three longtime Meals-on-Wheels volunteers. The recognition took place at the November 7, 2003 Board of Commissioners Personnel Committee meeting.

Volunteers for Meals-on-Wheels, a program of Macomb County Community Services Agency (MCCSA), deliver hot meals at lunchtime to homebound senior citizens. Meals-on-Wheels has approximately 1,200 volunteers; over 1,300 meals are delivered each day. Last year, 334,000 meals were delivered to frail homebound seniors through MCCSA's Meals-on-Wheels program.

The three volunteers who were honored, Helen Zimmer, Gloria Rakowski, and Loretta Krapp, have each volunteered for 25 years or more. Meals-on-Wheels volunteers pick up meals from the site where they are prepared and deliver the hot meals to frail homebound senior citizens. An average delivery route for volunteers has fourteen to sixteen meals to be delivered.

Helen Zimmer, of **St. Clair Shores**, began volunteering in 1974 and has continued doing so for 29 years. She is the coordinator for the First Bethany United Church route in St. Clair Shores. In addition to regularly delivering meals, Zimmer coordinates all drivers on her route, recruits new volunteers through her church, and substitutes when needed.

Gloria Rakowski, of **Sterling Heights**, first volunteered for Meals-on-Wheels in 1978 and continues delivering meals 25 years later. Rakowski became involved in volunteering through her church, St. Blase Catholic Church. In 1982, Rakowski recruited her husband David as a volunteer after he retired. They now deliver meals together every Thursday.

Loretta Krapp, of **Warren**, started volunteering in 1976 for Meals-on-Wheels and still delivers meals 26 years later. She now delivers meals every other week on Wednesday and still enjoys delivering meals to frail senior citizens.

Macomb County Community Services Agency appreciates and values the contributions of these longtime volunteers. If you are interested in delivering Meals-on-Wheels to frail homebound senior citizens, please call (586) 469-5228.

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Administration (586) 469-6999

Chore Services (586) 469-5012

General Community Programming (586) 469-5222

Head Start (586) 469-5215

Home Preservation/Energy (586) 469-6329

Macomb Food Program (586) 469-6004

Senior Citizen Nutrition (586) 469-5228

Transportation (586) 469-5225



Programs and services are sponsored by the Macomb County Board of Commissioners and State and Federal grants. MCCSA complies with the Civil Rights Act of 1964, the Michigan Handicappers Civil Rights Act, and the American with Disabilities Act of 1990. To inquire about reasonable accommodations for persons with disabilities please contact MCCSA, Phone or TDD: (810)469-6999.